

Directions to the Natcher Center

Parking at NIH is limited. Visitors are encouraged to use [public transportation](#) such as the Metrorail subway system which has a convenient stop (red line Medical Center) on the NIH campus. Visit the "[Metro](#)" site for information on fares and schedules. **All visitors must enter through the NIH Gateway Center. Visitors must provide a government-issued ID such as a driver's license or passport to obtain a Visitor's Badge.**

Driving Directions:

1. From Baltimore and all points north of Washington, DC:

Take I-95 South toward Washington, DC.

At I-495 (Capital Beltway), head west toward Silver Spring/Bethesda.

From the beltway (I-495), take exit 34, which is Route 355 (Wisconsin Avenue/Rockville Pike), and head south toward Washington/Bethesda (note: you will need to stay in the right lane and follow the signs to Route 355 South, Bethesda).

After the fifth stop light at South Drive, turn right into the Gateway Center visitor parking lot or vehicle inspection area.

2. From Virginia and all points south of Washington, DC:

Take I-95 North toward Washington, DC.

At I-495 (Capital Beltway), head north toward Rockville.

From the beltway (I-495), take exit 34, Route 355 (Wisconsin Avenue/Rockville Pike) toward Washington/Bethesda.

After the fifth stop light at South Drive, turn right into the Gateway Center visitor parking lot or vehicle inspection area.